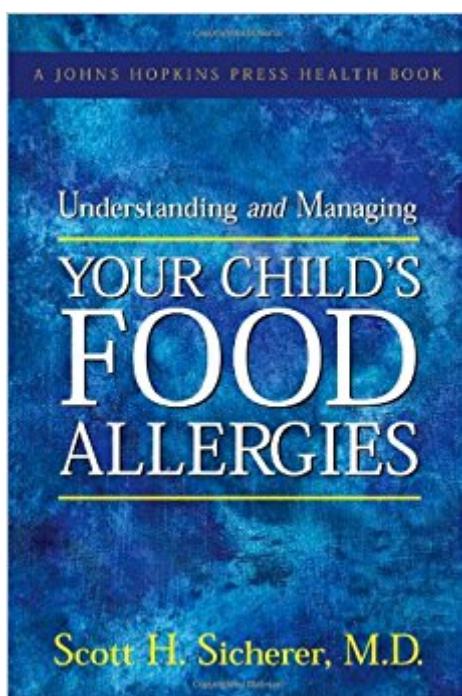


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Understanding And Managing Your Child's Food Allergies (A Johns Hopkins Press Health Book)



Synopsis

For children with food allergies, eatingâ •one of the basic functions of lifeâ •can be a nightmare. Children who suffer or become dangerously ill after eating peanuts, seafood, milk, eggs, wheat, or a host of other foods require constant vigilance from caring, concerned parents, teachers, and friends. In this empathetic and comprehensive guide, Dr. Scott H. Sicherer, a specialist in pediatric food allergies, gives parents the information they need to manage their childrenâ ™s health and quality of life. He describes why children develop food allergy, the symptoms of food allergy (affecting the skin, the gastrointestinal tract, and the respiratory system), and the role of food allergy in behavioral problems and developmental disabilities. Parents will learn how to recognize emergency situations, how to get the most out of a visit with an allergist, what allergy test results mean, and how to protect their childrenâ •at home, at school, at summer camp, and in restaurants. Informative, compassionate, and practical, this guide will be indispensable for parents, physicians, school nurses, teachers, and everyone else who cares for children with food allergies.

Book Information

Series: A Johns Hopkins Press Health Book

Paperback: 336 pages

Publisher: Johns Hopkins University Press; 1 edition (October 19, 2006)

Language: English

ISBN-10: 0801884926

ISBN-13: 978-0801884924

Product Dimensions: 6.1 x 0.9 x 9.2 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 30 customer reviews

Best Sellers Rank: #157,094 in Books (See Top 100 in Books) #7 inÂ Books > Health, Fitness & Dieting > Children's Health > Allergies #38 inÂ Books > Health, Fitness & Dieting > Nutrition > Food Allergies #52 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Allergies

Customer Reviews

"Sicherer has put together in one welcomed source the wisdom of his many years of experience and the latest research... Approachable and straightforward, his book provides parents with practical advice." (Library Journal (starred review))"Provides families with state-of-the-art education about food allergy." (Robert A. Wood, M.D., Director, Division of Pediatric Allergy and Immunology, the

Johns Hopkins Childrenâ™s Center)"This book is an amazing compilation of the essential information needed to work with your doctor, discuss your child's food allergy with other caregivers and your child, and, ultimately, provide your child with the best care possible. It is the only resource I know of that provides timely, accurate, and accessible information on every medical aspect of food allergy." (from the Introduction by Hugh A. Sampson, M.D., Director, The Jaffe Food Allergy Institute)"Dr. Sicherer is a rare combination of brains, compassion, understanding, and practicality... A reference tool that belongs in everyone's bookcase." (from the Foreword by Anne Muñoz-Furlong, Founder and CEO, The Food Allergy & Anaphylaxis Network)"This work presents the practical strategies for day-to-day living with food allergies in an unalarming narrative with case studies that serve to illustrate and illuminate key points." (Choice)"A thorough overview... The information is useful to parents and others who take care of children with food allergies." (Yesim Yilmaz-Demirdag, Sami Bahna Annals of Allergy, Asthma and Immunology)

Scott H. Sicherer, M.D., is an associate professor of pediatrics at the Mount Sinai School of Medicine and a researcher in the Jaffe Food Allergy Institute at Mount Sinai. He is an associate editor of the Journal of Allergy and Clinical Immunology and the author of The Complete Peanut Allergy Handbook.

In my opinion, Dr. Sicherer does an excellent job of describing what a food allergy is, what possible reactions are and some steps to take in avoiding life-threatening reactions. One part of this book that is very useful is his large resource of examples of kids and families who have allergies and the experiences that they each go through. Those examples are used to explain a more detailed point. In the end, the result of his examples helps to remember and understand the principle he is teaching. The perspective that he takes is of a medical doctor. However, he stresses the importance of what he calls The Medical History. In this, he explains that the tests and the doctor do not have nearly as much information available as the parents. So, in diagnosis the child, the parents and the history of the child is the most reliable source for information. I highly recommend this book.

Great info on food allergies. Easy to understand. Mom to a 5 yr old darling with post parasite issues after adoption, leaky gut and dairy diet restrictions. I ordered to help me understand more. It really did. My other girl has hayfever and I had heard food allergies(dairy) were contributing to allergies. We have reduced dairy and dark circles under eyes have gone away. Great book!! Addresses asthma, eczema also.

Required reading if you or someone in your family has just been diagnosed with food allergies, or if you want to learn more about how food allergies work and how they might be/act different than environmental allergies. Information is presented as a series of case studies/examples and Dr. Sicherer's commentary on them. Very informative.

I purchased this for a food allergy support group. It's very detailed, and, although I've been dealing with food allergies for ten years, I found it very informative. Dr. Sicherer is one of the top allergists in the USA.

We live in Turkey and bought this book from .In Turkey there is not enough published material on food allergies on babies or children. Our daughter (20 months) has several food allergies and its treatment is so hard for especially for my wife. With this book we saw lots of answers for our questions. It made cleared our looking about allergy and we got some extra point of views. Also our daughter gained weight with some tips we learned from the book :)I hope this book is translated in Turkish or other languages to help other people around the world.

This book is an excellent read and I know that I will refer to it through time, unless my baby outgrows his food allergies. I find the section on "food allergies at different ages and stages" enlightening as it gives me an idea of what to expect. This book puts into perspective of how "mild" our child's allergy is and I'm very grateful to have this info. It's unlike some books that set off every panic button a first-time mom has.

Bought for my child with FPIES. Was hoping would have a little more info on how to go about food trialsBut still very informative.

I got this book in hopes that it would fill in some blanks that another book left me with about my childrens peanut allergies. He is amazing at laying out how everything works in a way that people who didn't go through 6 years of medical school can actually understand. All of it is easy to understand and is very insightful. A must read for anyone who has children with allergies.

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